

# Rancho Heritage School



## Busy Bees' Lunch Menu

January 2019

Milk or Water Fresh Fruit (Banana, Orange, or Melons) are served with every meal

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 New Year Day RHS Closed	2 Chicken Breast Patty Sandwich & Steamed Corn (Ranch, BBQ & Ketchup)	3 Chili Cheese Fries & Corn	4 Whole Wheat Cheese Pizza & Tossed Green Salad	5
6	7 Quesadillas & Green Beans	8 Fish Stick, Fries & Mixed Vegetables (Ranch & Ketchup)	9 Grilled Cheese Sandwich & Mixed Vegetable	10 Spaghetti Marinara Sauce & Beef Meatball & Green Salad	11 Whole Wheat Cheese Pizza & Tossed Green Salad	12
13	14 Chicken Taquitos, & Spanish Rice with Corn	15 Lasagna with Beef Sauce & Tossed Green Salad	16 Turkey Sandwich and Steamed Green Bean	17 Bean & Cheese Burritos with Mixed Vegetables	18 Whole Wheat Cheese Pizza & Tossed Green Salad	19
20	21 Spaghetti Marinara Sauce & Beef Meatball & Green Salad	22 Chicken Fettuccine Alfredo with Broccoli	23 Turkey or Beef Hotdog Baby Carrot (Ranch, BBQ & Ketchup)	24 Chicken Nuggets French Fries & Steamed Green Bean (Ranch & Ketchup)	25 Whole Wheat Cheese Pizza & Tossed Green Salad	26
27	28 Orange Chicken & Rice, Steamed Vegetable	29 Macaroni & Cheese & Mixed Vegetable	30 Fish Stick, Fries & Mixed Vegetables (Ranch & Ketchup)	31 Teriyeki Chicken Steamed Vegetable & Rice		